

May 18, stay overnight in Moneglia at the Hotel La Vigna.

May 19: Everyone meets up by noon and we get the boats unloaded and in the water for a row. Back to Moneglia at the Hotel La Vigna

May 20: 10 km of rowing along the beginning of this gorgeous coastline. Destination: Levanto and the B&B La Madonetta.

Levanto

May 21: An 8 km row to Monterosso, then on the coastal train to Levanto.

May 22: The «real» Cinque Terre begin! We'll row to Riomaggiore (11 km), admiring Vernazza and Corniglia along the way.

May 23: Staying in Riomaggiore, we'll explore the Cinque Terre on foot and by train, going out for rows.

May 24: 12 km of rowing today, from Riomaggiore to the Island of Palmaria and then Portovenere, where we'll sleep.

May 25 brings us to La Spezia where our friends await us! We'll sleep in a Spezia and in the morning (26th) we have a convivial masters row together.

Google Earth

Data SIO, NOAA, U.S. Navy, NGA, GEBCO

9 mi