



PROPOSED ITINERARY

Monday 21 Nov	Tuesday 22 Nov	Wednesday 23 Nov	Thursday 24 Nov	Friday 25 Nov	Saturday 26 Nov	Sunday 27 Nov	Monday 28 Nov
Pick up in Florence or Pisa and transfer to our B&B or a little hotel in the old town of San Miniato.	This morning you're on your own, exploring the area by foot around the hill of San Miniato.	We're off to the best little coffee and chocolate shop around. It's on our way to the beautiful walled city of Lucca.	TBA day...relax in San Miniato or get a ride to the train station and explore Tuscany.	Florence! We'll head off right after breakfast to downtown Florence, where the Florence Rowing Club will be waiting to welcome you. The Ponte Vecchio is never more beautiful than from the water!	Today we'll go explore one of the gorgeous wineries in the area, or off to the beach or a museum, depending on the weather!	Morning Row, reviewing what we've worked on and learning drills to continue at home.	TBA based on departure schedules.
Snacks or sandwiches depending on the time of day	Lunch today in town at one of the many eateries San Miniato offers.	Lunch in Lucca, at our favorite restaurant.	Lunch on your own.	After rowing and lunch together, you're free to explore Florence.	Lunch together!	Sunday Lunch at our home, prepared by our authentic Tuscan grandmother.	Leave for airport
After lunch, rest and unpacking. Then change into rowing kit for a trip to the lake, where we'll look at boats and get setup for tomorrow's workout.	We'll pick you up at 3 for an afternoon row, initially alongside the rowers of our club.	After lunch we'll walk around the garden-topped walls of Lucca and then head back in time for a row.	We'll pick you up at 3 for an afternoon row, initially alongside the rowers of our club.	You'll have the whole day to see museums or shop, we will coordinate return to San Miniato by train later in the evening.	Rowing this afternoon with the whole club, maybe in mixed boats!	Relaxing, or taking a hike in the hills around San Miniato.	
Welcome dinner in San Miniato	Dinner on your own.	Dinner on your own.	Dinner on your own, or go out with local rowers!	Dinner on your own in Florence or San Miniato, as you prefer.	Dinner on your own.	Most Italians skip dinner on Sundays	